UNIT 2- EMERGING ADULTHOOD

Do you consider yourself as an adult? Why or Why not?
In this unit we will look at...

Transition to Adulthood

Transition
- Leaving home, Education, Occupation

Factors that influence the transition
- economy (low vs high social economic status (SES))
- gender (male. Vs female)
- historical time period (past vs. present)
- culture
- individual development
- relationships

Issues that arise
- homelessness, suicide, OSAP, Glass Ceiling...
Learning Goals

- By the end of today’s class, you should...
  - Understand the difference between adolescent, emerging adult, and adult
  - Be able to apply your knowledge to accurately classify individuals
In your groups, brainstorm characteristics of the assigned category (adult or adolescent)
You will have 5 minutes to brainstorm as a group
We will then build a venn diagram as a class
Each group will be responsible for contributing
Hints..

Think of the following:

- Development: physically, socially, mentally, emotionally, morally, intellectually,
- Psychological development and behaviour
- Economic status
- Occupation
- Needs: who fulfills them? What are they?
- Wants: life goals?
- Relationships- types, length?
- Living arrangements
- Leisure time
CONTINUUM

Adolescence       Emerging        Adulthood
                  Adulthood

Dependent
Physically
Financially
Emotionally

Semi-Independent

Independent
Physically
Financially
Emotionally

* Becoming an adult is not an event but a transition.
**Adolescence**

- Latin word meaning “to grow up”
- Period of time following **childhood** but before **adulthood**

- 1904 Stanley Hall
  - First to use the term
  - Individuals who were **physically mature**, but hadn’t **entered the workforce**
APPLICATION

Q: When do adolescents today become physically mature? (ie: reach puberty)

Q: Is physical maturity a sign of adulthood?

Q: Why do you think individuals today mature so early?
ADOLESCENCE

- Period of **experimentation**: 
  - **Identity** exploration and formation (Erik Erikson)
    - Who Am I?
    - Highschool cliques- different group of friends
    - Part-time jobs
  - Practice making **decisions**
  - Make and learn from **mistakes**
    - No lasting **negative consequences** on individual development
Markers of adolescence:

- **Dependent** on Parents...
  - Physically
    - Food, water, shelter, clothes, health, transportation
  - Financially
    - Money for physical needs
  - Emotionally
    - Love and support
APPLICATION

Q: According to this definition, how many of you would classify yourselves as an adolescent?

Q: What needs do you meet by yourself? (independently)
Markers for emerging adulthood

- **Transition** of becoming an adult
- Begins in **adolescence**
  - Individual variability- 15-25 years old
- Transition is **longer** than previous generations
  - Why?
SEMI-INDEPENDENT

- Some form of independence exists:
  - Living away from home (shelter)
  - Part-time or full-time job
  - Teenage parent
  - Romantic relationship

- Still depend on parents to meet some needs
SELF-SUFFICIENT

Markers for Adulthood

- Period of life that follows
  - Adolescence/ emerging adulthood

- Self-sufficient
  - Independently meet own physical, financial and emotional needs
ADULTHOOD

3 Pre-requisites of Adulthood

1. Financial Independence
2. Physical independence
3. Emotional Independence
Q: How does one become financially independent?

Q: What do many jobs require before you are hired?
1. Financial independence
   - Finished School
   - Employed (income)

2. Physical Independence
   - Meet own physical needs
   - Shelter, food, clothes, health, transportation
   - Live separately from parents
Q: If you live with your parents but pay rent, are you physically independent?

Q: If you are from a culture where the norm is to live with your parents until marriage, are you an adult? (Ethnocentricity...)
3. Emotional Independence
Supportive relationships other than the parent
  • Spouse or partner

AND/OR

Adult relationship with your parent

Q: If you have not formed a supportive relationship other than your parents are you an adult?
AGE OF MAJORITY

- Age which an individual becomes an adult **by law**
  - Canada = 18 years old

- **Freedoms and Responsibilities of an adult**
  - Alcohol
  - Vote
  - Marry
  - Change name
  - Social assistance
  - Charged by the adult criminal code
Apply your knowledge

- Ryan is a student in his first year of study at the University of Toronto. Instead of staying in residence, Ryan decided to save money and commute. Although he does not pay rent, Ryan lives in his parents house but in a separate basement apartment. He has a part–time job and covers his university and transportation fees.

- Adult
- Emerging adult
- Adolescent
Apply your knowledge

- Diane is fresh engineering graduate. Last month
  - (1) Was hired full time
  - (2) Moved into an apartment with her friend Sarah
- According to our definition, is Diane:
  - Adult
  - Emerging adult
  - Adolescent
APPLY YOUR KNOWLEDGE

Christina is in love. She knows she may be young but she believes that today on the bus she met the man of her dreams. Christina and Josh continued to date after high school and throughout college they provided each other with academic, emotional and moral support. Is Christina an ...

- Adult
- Emerging adult
- Adolescent
**Apply your knowledge**

- Daniel works as a full time chef at the York Hotel. Daniel is greek and still lives at home with his parents. Daniel does not pay rent. According to the North American definition, is Daniel an...

  - Adult
  - Emerging adult
  - Adolescent
For Greek individuals, it is the norm to live at home until marriage. If you take cultural norms into account, is Daniel is an...

- Adult
- Emerging adult
- Adolescent
Mike is a very successful doctor. He loves his job and also loves coming home to his wife, two children and parents. Is Mike an...

- Adult
- Emerging adult
- Adolescent
Read p. 57-71 of UNIT 2 package and answer #1-2 on pg 64 and #1-5 on pg.71